

Your Own Blood Does Wonders!

Discover the Healing Power of Platelet Rich Plasma

Using your body's own Platelet Rich Plasma (PRP) to treat pain is a highly innovative technology that has been producing remarkable results. PRP concentrates and captures your body's own healing potential with the assistance of your own blood.

Platelet Rich Plasma Helping Injuries

When you are injured in any way, your body automatically signals for help and calls on your platelets, white blood cells, and other components in your blood to travel to the site of the injury. Your cells communicate with each other to initiate a healing response. This healing response happens even with minor bruises or scrapes.

During the healing process, your body develops growth factors. Nu Life Medical draws your blood to obtain PRP and its growth factors, then injects them directly into the site of an injury. The PRP accelerates the healing process. Tissue that is injured or is healing poorly will start to improve, pain will decrease, and the joints range of motion will increase.

Common Uses for PRP

Platelet Rich Plasma injections are being used to treat many different orthopedic injuries and degenerative conditions such as arthritis. Some common uses for PRP include:

- Pain management
- Damaged or injured tendons, ligaments, muscles and joints
- Musculoskeletal diseases (including tendonitis)
- Osteoarthritis of the knee
- And more!

PRP will give you essentially permanent or long-lasting results that will continue to work longer and more effectively than traditional pain injections. It is a minimally invasive outpatient procedure with no downtime.

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What We Do for PRP

Considering we use the healing factors of your own blood, the potential for side effects from the injection is little to none. You will see initial improvement within a few weeks, and it will gradually increase as your healing continues. PRP is used to jump-start your body's natural healing process. Since PRP is used to resolve pain through healing, it delivers lasting results.

How it works:

- Draw a sample of your blood
- Spin the tube of your blood in a centrifuge at high speed to separate it into its three components (plasma, white blood cells and platelets, and red blood cells.)
- Inject the drawn platelet rich plasma from the spun tube into your joint space(s) for treatment.

These injections are an in-office procedure. The entire Platelet Rich Plasma procedure from start to finish takes about 30 minutes.

Are You a Candidate for PRP?

We'd like you to consider meeting with us if you are experiencing any of these conditions:

- Pain lasting at least 3 months or longer (chronic conditions)
- Sprains, strains, tears of muscle / ligament / tendon (acute conditions)
- Persistent pain despite standard non-operative treatment (physical therapy, NSAIDs, activity modification, steroid injections)
- Results of Diagnostic Imaging: X-Ray, MRI, CT and/or Ultrasound
- Or you want to delay or avoid surgery!

What are the Expected Results?

Improvement may be seen within the first few weeks of Platelet Rich Plasma Therapy and then continue to increase gradually as the healing progresses. The goal of PRP is to resolve pain through this healing and could prove to have lasting results. Research shows this therapy to be very effective for returning patients back to their normal lives. In fact, both ultrasound and MRI images have been shown definitive tissue repair following PRP Therapy! Treating injured tissues before the damage progresses too far, may even greatly reduce the need for eventual surgery.

No-obligation consultation!

If you are not moving the way you want to or chronic pain is keeping you from living your best life, schedule your no-obligation consult with us.

Professional Athletes and PRP Therapy



Hines Ward had injured the ligament in his right knee during his team's participation in the AFC Championship Game. The sprain was severe enough that the Stealer's training staff believed he'd be out for four to six weeks. Hines refused to settle for this time frame and opted for PRP therapy. The rest is history. Hines injury healed much faster than it would have otherwise and he was able to participate in the Super Bowl.



When Alex Rodriguez underwent surgery in 2009, people had concerns about his return. They thought that the baseball all-star might not make it back on the field quickly. However, Rodriguez underwent PRP therapy. He made it back on the field much sooner than everyone else expected. Thanks to Platelet Rich Plasma, Rodriguez got his career back on track!



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